

Leg 23 | 4.1 mi | Easy

Elevation Profile

Distance: 4.1 mi
Total Climb: +82 ft
Net Elevation: -601 ft
Start: 7,331 ft | End: 6,750 ft



FINISH
Bryce Canyon
Trading Post



4

12

3

2

1

START
Red Canyon
Trail Parking



Directions

1. Head west on UT-12 W = 4.1 mi
2. End at Bryce Canyon Trading Post, before Hwy 12 ends = 4.1 mi

Safety / Traffic Control

Vans:

- Pull off only at designated areas or side roads
- Watch for runners when pulling over or re-entering
- Parking at Bryce Canyon Trading Post

Runners:

- Reflective vest and headlamp required from 7 pm-7 am
- Stay hydrated
- Run against traffic (keep left)
- Stay alert to surroundings
- Use extra caution at night
- Stay on road — do not use bike path

A steady downhill run through Red Canyon, with red rock formations and ponderosa pines. Pass the Red Canyon Visitor Center early, then transition to open fields. The leg ends near the campground at Bryce Canyon Trading Post.